

FUMC ESL 10-25-2010 Symptoms and Injuries

1. You run a fever, but catch a cold.
2. You can have a headache, toothache, earache, stomachache or backache. But you don't have a throat ache. You have a sore throat.
3. You can cough or sneeze, but you can't dizzy. You can be dizzy.
4. You can vomit or throw up, but you can't nauseous. You can feel nauseous.
5. If you feel nauseous, you can say, "I feel sick at my stomach."
6. Nasal means nose and oral means mouth.
7. If you get medicine that you have to swallow, the bottle might say, "take by mouth".
8. You can have nasal allergies, nasal congestion or a runny nose.
9. If your nose isn't runny, it could be congested or stopped up.
10. If you are bleeding from your nose, you can say, "I have a bloody nose."
11. A sprain or strain is damage to the soft tissues, but a break is damage to a bone.
12. Your finger can swell, but not swollen. It can be swollen.
13. A bruise will turn colors and a cut will bleed.
14. If you get a sunburn, you might blister.
15. If you have shoes that are too loose, you might get a blister.
16. If you put your hand on the stove, you might get a blister.
17. Another name for HIV is AIDS.
18. Another name for tuberculosis is TB.
19. An injection and a shot are the same thing.
20. If you are contagious, you can share your illness with others.
21. An infectious disease is one that other people can catch.
22. A nurse could draw your picture or draw your blood.
23. You can take a nap or take your temperature.
24. If a nurse hands you a cup and points you to a bathroom, she wants you to give a urine sample.

Match these illnesses with their symptoms:

measles	ear hurts
flu	red spots on skin
ear infection	red and sore throat
chicken pox	hard to breathe
strep throat	chills and fever
asthma	itchy blisters on skin

HAVE YOU EVER.....?

- fractured a limb
- fallen down
- skinned your knees
- tripped on the stairs
- bumped your head
- twisted your ankle
- burned yourself
- had food poisoning
- slammed a door on your finger
- had surgery

been stung by a bee
almost drowned
had stitches
knocked a tooth out
pulled out a splinter
stepped on a piece of glass
had the hiccups the whole day
had a stiff neck
worn a cast

Read these paragraphs and explain the idioms in bold text.

Last month, I was not feeling well. I was **under the weather**. I thought I had **caught a cold**. I had a **runny nose**, itchy eyes, a sore throat and a cough. I felt tired and **run down**. I was in poor condition because I had not been getting enough rest.

*When was the last time you were under the weather?
What should you do if you feel run down?
What would you do if you had a sore throat and cough?
Do you think this person is contagious?*

My body hurt all over. I also had severe head pains -- a real **splitting headache**. And I was **running a fever**. My body temperature was higher than normal.

*If you run a fever do you always stay home?
Is it OK to take your child to school if they are running a fever?*

At one point, I **blacked out**. That's right, I was **out cold**. I lost consciousness and my friend had to **bring me around**. He used cold water on my face to restore my consciousness.

Have you ever blacked out? Where were you when it happened? Did someone help you?

My mother has **taken a turn for the worse**. My father fears she is **at death's door**. But the doctor said she might be **over the worst**. We hope she will **pull through**.

*What does the father fear?
What did the doctor say?
What do they hope?*

My friend took me to the doctor. I told the doctor I thought I had **come down with a cold**. When the doctor saw me, she immediately wanted to **run some tests**. She said that medical tests would help her discover why I was sick. The doctor also asked when I had my last physical. I do not get yearly **check-ups**. But I probably should get a medical exam by a doctor every year.

*When was the last time you had tests run?
Do you have annual check-ups?
How often do you get colds?*

I was sick last week, but I did **what the doctor ordered** and now **I'm on the mend**. I think I'll be **back on my feet** by the weekend. If I take every dose of my medicine, I should be the **picture of health** in a few weeks.

What is a dose?