

FUMC ESL 12-1-2011 Intermediate Lesson

Tastes and Flavors:

A flavor is the taste of something.

When you taste new food, you say, "This tastes like _____." Or you might say, "This has the flavor of _____."

You compare the new food to a food you know.



My mother likes to eat frog legs. She says frog legs taste like chicken. She says frog legs and chicken have the same flavor.

Have you eaten frog legs? Have you eaten chicken? Do they have the same flavor?

What animal do you eat in your country that is not eaten in the US?

Talk about a new food you have tasted recently.

Compare the new food to a taste you know.

Was it bitter or sweet?

Was it bland or spicy?

Was it salty?

Talk about Tastes:

Do you prefer salty flavors or sweet tastes?

What is your favorite salty food?

What is your favorite sweet food?

Do you like tart flavors?

What flavor of ice cream do you prefer?

What new food have you tasted recently? Did you like it?

Do you put salt and pepper on your food?

What do you add to your food to make it taste better?

Do you taste the food when you cook?

Food that does not have much taste is bland. Do you like bland food or spicy food?

Do you prefer soft candy or hard candy?

Do you think coffee tastes bitter? Do you add sugar to your coffee?

Look at the words on page 107. Practice pronouncing these words. Fill in the blanks in these sentences.

Your _____ help you breathe.

Food goes down your _____.

Your brain is inside your _____.

The _____ shows all the bones.

The _____ help you move.

You ate a lot and your _____ is full.

Your _____ protects your lungs.

Your _____ pumps blood through your body.

Your blood travels in _____ and _____.

When your _____ is full, it aches.

You can feel your _____ beat.

You can flex your _____.

Read these sentences. Then explain in your own words what they said.

1. That boy is strong. He lifts heavy weights. He has huge muscles. His abdomen is hard as a rock.

2. My nail broke. I need nail clippers. I will clip all my nails. Then I will polish my nails.

3. I ran fast. My heart is racing. It is beating so fast. I will take my pulse. I will see how fast my heart is beating.
4. I ate so much food. My stomach is full. My stomach feels stretched out. It aches. A walk will make me feel better.
5. I won the race. I am out of breath. I am breathing hard. I need rest. I will sit down under the tree.
6. My throat hurts. It is very sore. I need a lozenge for my throat.

Conversations:

Mel: I think we should stay home tonight.

Grace: Why? I want to go out. You said we would go dancing tonight.

Mel: I know. But I think we should stay home. I am worried it is not safe to go out tonight.

Grace: Why do you think it is not safe tonight?

Mel: I can't tell you why I think that. It is just a gut feeling.

1. What did Mel want to do tonight?
2. What did Grace want to do tonight?
3. Why did Mel want to stay home?

A gut feeling is something you feel without knowing exactly why. You might sense danger. You feel you should be careful. You are not sure why you feel this way. But you do. That is a gut feeling. It is like intuition. Do you have gut feelings sometimes?

When you have a long dull pain, it is called an ache. You can have a stomach ache or a headache. If you have walked many miles, your legs might ache.

Jen: My back aches.

Sal: Why?

Jen: I have been standing up all day. I had to cook for all my family. I stood in the kitchen for 5 hours. Now, my back aches.

Sal: You should take an aspirin.

Jen: That's a good idea.

Sal: You should lie down and rest.

Jen: That's a better idea.

1. What is wrong with Jen?
2. Why does her back hurt?
3. Sal tells Jen to do two things. What are the two things?

Sometimes we say we have a heartache. A heartache is when we are very sad because someone we love has made us feel bad. Or perhaps we have lost someone we care about.

Example: He told us about his heartache when his wife left him. We felt heartache when Grandpa died.

When our hearts ache, we can say we have a broken heart. Example: When Sara's boyfriend left her, she had a broken heart. Tom really broke her heart. The older couple have had many heartaches.