



Study pages 122 and 123 in your OPD. Do the exercise on page 123.

**Are these statements true or false?**

- a. The aerobics class starts at 10 AM.
- b. There's a fat-free cooking demonstration.
- c. The health fair opened at 9:00.
- d. An acupuncture treatment is free.
- e. You can buy vitamins at the Good Foods booth.
- f. The medical screening is free.
- g. A nurse is taking a woman's temperature.
- h. The eye exam is \$2.00
- i. There's a nutrition label demonstration.

**Write the letter of the false sentence. Write a correct sentence.**

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**Circle the correct underlined word in this paragraph.**

Today, I went to a booth/health fair at a local clinic/demonstration. I am so glad I went!  
 At the hatha yoga/medical screening booth, I found out that my blood pressure/pulse is a little high--135 over 80. The nurse told me that exercise helps, so I watched a very interesting acupuncture/aerobic exercise class. It looked easy and fun, and I'll ask my doctor if it's OK for me. Next, I had an ear/eye exam and found out that I can see perfectly--no problems there! I wanted to try an acupuncture exam/treatment, but the needles scared me a little. maybe next time. The last booth had a lecture about nutrition labels/vitamins--very interesting! I'm going to start reading them when I shop for food.

**Fill in the blanks.**

Come to the \_\_\_\_\_! Where: \_\_\_\_\_

When: \_\_\_\_\_

Learn and have fun at these booths:

1 \_\_\_\_\_: We'll check your blood pressure and \_\_\_\_\_ your \_\_\_\_\_ for only \$2.00.

2 \_\_\_\_\_: Can you see the big E? How about the little c? Find out here--it's \_\_\_\_\_!

3 \_\_\_\_\_: Are you getting enough protein? Listen and learn about \_\_\_\_\_.

4 \_\_\_\_\_: Exercise and relax the gentle way. 2-3 PM

5 \_\_\_\_\_: Chef Bill will show you how to cook sugar-free desserts.

6 \_\_\_\_\_: Headaches? Sore feet? Feeling blah? Try a treatment for only \$5.00.

**Where can you hear...? Match the booth to the quote.**

- \_\_\_\_\_ a. Bend your left leg. Raise your right arm.
- \_\_\_\_\_ b. Now cover your left eye, and read the first row.
- \_\_\_\_\_ c. Seventy-two beats a minute. Excellent.
- \_\_\_\_\_ d. You can make this delicious dessert with no sugar!
- \_\_\_\_\_ e. Notice the serving size. It's only a half cup.
- \_\_\_\_\_ f. Just relax. The needle won't hurt.

nutrition lecture    yoga class                  acupuncture treatment                  medical screening  
cooking demonstration                  eye exam

**Look in your dictionary. How many people are ...? Write the number.**

- \_\_\_ doing aerobic exercise
- \_\_\_ doing yoga now
- \_\_\_ getting acupuncture
- \_\_\_ waiting to get a free exam
- \_\_\_ listening to the nutrition lecture
- \_\_\_ taking people's blood pressure
- \_\_\_ watching the Healthy Cooking demonstration
- \_\_\_ getting a low-cost exam

**Discuss with a partner:**

What are some things that should be in a first aid kit?

Give a talk about bicycle safety.

What foods do you really like that are not healthy?