

**run down:** when you move quicker to a lower level, you run down. EX: Run downstairs and get my cell phone, please. I saw someone trying to break into my car so I ran down to the street to stop him. Run down to the store on the corner and pick up a loaf of bread.

**run down:** when a vehicle hits and injures or kills someone EX: The out of control driver ran down several pedestrians.

**rundown:** a discussion or review of items on a list EX: The employee gave the manager a rundown of the problems he had found.

**run down:** when batteries run down they lose power EX: If you leave your car lights on too long the battery will run down.

**rundown:** a person or thing that is exhausted, without power or energy EX: I am feeling really rundown these days. Maybe I need some vitamins.  
That old rundown building is going to be torn down.

What do you do to perk up when you are feeling run down?

**run over:** to move to where someone else is EX: When Mother came in the door, my son ran over and hugged her. Run over to the neighbors and borrow some butter.

**run over:** to drive over someone in a car EX: The man accidentally ran over the dog. I ran over some nails and got a flat tire.

**run over:** when liquid fills the container and goes over the top EX: The milk ran over the top of the glass.

**run-in:** if you have a quarrel with someone you have a run-in. EX: My roommate and I had a run-in about who was going to clean up the apartment.

Have you ever had a run-in with a roommate?

**run of the mill:** something that is just average. EX: I went to the new boutique hoping to find something special to wear to the party, but their merchandise was very run of the mill.

**run its course:** when something continues through it's cycle or course EX: The virus will eventually run its course and you will feel better.

**run low:** to be almost used up EX: Food supplies are running low in the war zone.

What supplies are running low at your house?

**run like clockwork:** to run very well EX: This office runs like clockwork now that everyone has been trained. Running on all cylinders has a similar meaning.

What do you own that runs like clockwork?

**runs in the family:** if a quality or ability runs in the family, it appears in many family members EX: My freckles and red hair run in the family.

What is a trait or ability that runs in your family?

**on the run:** if you are running from the authorities (police or FBI) you are trying to escape. EX: The men broke out of prison and are still on the run.

**Match the underlined phrase with the best definition.**

continues	going about in an unorganized way	organized
dates other women	made them go away	used up
explain	practice	have a problem
go as soon as I eat	escape	acting crazy
	avoid answering	follow through with the project

- 1.Can you run through that one more time?
- 2.The play runs through next Saturday.
- 3.There is a workshop this weekend run by the Downtown Art Alliance.
- 4.We ran off a group of stray dogs.
- 5.If you run into trouble, give me a call.
- 6.We've run out of storage space.
- 7.The kids have been running wild since their father left.
- 8.I hate to eat and run, but I really must go.
- 9.We had a dry run this morning and everything worked perfectly.
- 10.I've been running around in circles all morning. I need to get organized.
- 11.When the guy with the gun looks away, we'll make a run for it.
- 12.Mike runs around on his wife.
- 13.I asked John if the car he was selling was in good condition, but he gave me the run around.
- 14.When I told my boss about my great idea for organizing our data, he liked it and told me to run with it.

**Discuss:**

The wells may run dry if we don't get rain. Some Austinites are drilling their own wells so that they don't have to follow watering restrictions. Do you think that should be allowed?

"Still waters run deep." This is a saying that means that quiet and tranquil people are often deep thinkers. Do you think this is true?

Did you ever "run away" from home?