

**1. Match the questions to the best answer.**

|                           |                                      |
|---------------------------|--------------------------------------|
| Do you have the flu?      | They are sick.                       |
| Does your head hurt?      | No, I cannot afford a doctor.        |
| Do you have a fever?      | Yes, I have a stomachache.           |
| How are you feeling?      | Yes, you are contagious.             |
| Are you bleeding?         | The doctor said I sprained my ankle. |
| Have you seen a doctor?   | No, I have a cold                    |
| Does your stomach hurt?   | Yes, I need a bandaid.               |
| Should I stay home today? | Much better, thank you.              |
| What's wrong with them?   | My temperature is normal.            |
| What did the doctor say?  | Yes, I have a bad headache.          |
| Do you feel nauseous?     | Yes, a spider bit me.                |
| Is your finger swollen?   | Yes, I want to throw up.             |

**2. Decide if the words below are a symptom or an illness. Put the words in the correct column in the chart.**

sneezing      measles      fever      pain      strep throat      runny nose  
 dizziness      coughing      flu      ear infection      vomiting      cancer  
 asthma      cold

| SYMPTOMS | ILLNESS |
|----------|---------|
|          |         |
|          |         |
|          |         |
|          |         |
|          |         |
|          |         |
|          |         |
|          |         |

**3. Use the OPD page 114-115 to answer these questions.**

a. If you can't see well, you go to an \_\_\_\_\_.

b. If you can't see well, but you don't want to wear glasses, you might use \_\_\_\_\_.

- c.If you have hearing problems, you visit an \_\_\_\_\_.
- d.If you have some deafness, you use a \_\_\_\_\_.
- e.If you are feeling so sad that you don't want to do anything, you might have \_\_\_\_\_.
- f.A \_\_\_\_\_ will help you recover from an injury. They will show you how to move your body without pain.
- g.It is a good idea to drink lots of \_\_\_\_\_ when you are sick.
- h.You should also \_\_\_\_\_ medical attention and \_\_\_\_\_ bed rest.
- i.To stay fit, you should eat a healthy \_\_\_\_\_.

**4. Discuss these questions with the group:**

- a.Do you diet to lose weight? What kinds of things do you eat when you are dieting?
- b.Are you afraid of injections? Did you have to get more immunizations when you came to the U.S.?
- c.Do you bruise easily?
- d.Do you suffer from really bad headaches? Do you take special medicine for that?
- e.Do you go to the doctor for a checkup every year? When was the last time you visited a doctor?
- f.What are you allergic to?
- g.Do you usually get 8 hours of sleep? Why or why not?
- h.What is one thing that could be done in your country to improve people's health?
- i.Do you suffer from stress? How do you deal with stress?
- j.Are you depressed? Do you have a good support group?
- k.Were you sick a lot as a child? Are your children sick a lot?

**5. Discuss these idioms which are made with body parts.**

1. all ears- If someone tells you they are all ears, that means they are ready to listen to you. EX: I'd love to hear about your trip to China. I'm all ears.
2. cross my heart-If someone crosses the heart, they mean they are telling the truth. EX: Mother said it was OK for you to stay out late tonight. Cross my heart.
3. head start- If you get a head start, you start before the others. EX: It's not fair that you won. You had a head start.
4. all thumbs-If you are all thumbs, you have a hard time doing small tasks with your fingers. EX: I can't seem to get this bracelet hooked. I'm all thumbs today.
5. at the top of your lungs-yell loudly EX: After she fell in the well, she yelled at the top of her lungs, but no one heard her.
6. set my heart-You set your heart on something you really want to do badly. EX: Don't set your heart on becoming a doctor because we can't afford to send you to medical school.
7. see eye to eye-If you see eye to eye with someone, you agree with them about many issues. EX: Mother and I don't see eye to eye on how to make the children behave.