

Present tense is used to talk about things that happen regularly. Ex: I run two miles every day. **Present continuous tense** is used to talk about things you are currently doing or things that you will be doing in the future. EX: I am running fast. Next week, I am going to Chicago.

Use present tense to answer these questions.

- 1-What do you do when you first wake up? _____
- 2-What do you usually eat for breakfast? _____
- 3-How do you get to ESL class? _____
- 4-What do you do to have fun? _____
- 5-Where do you live? _____

Use present continuous tense to answer these questions.

- 1-Where are you going after class? _____
- 2-What are you doing right now? _____
- 3-What are you doing this weekend? _____

Past continuous tense is used to talk about something that was in progress at some time in the past. Past continuous uses was or were plus the ing form of the verb. EX: I was watching the children when the phone rang. They were playing with the kittens when we arrived.

Use past continuous tense to answer these questions.

- 1-What were you doing at 9 PM last night? _____
- 2-Where were you sitting in last Thursday's ESL class? _____
- 3- What were you doing at this time yesterday? _____

VOCABULARY PRACTICE-Let's Talk About Meat (Teachers: Put an OPD on each table.)

Meat is the flesh of animals. There are many kinds of meat. Beef is meat from cows. Pork is meat from pigs. Lamb or mutton is meat from young sheep. Seafood includes fish and shellfish. Poultry is meat from chickens or turkeys.

Meat and poultry without bones is called boneless. Poultry without skin is called skinless. A vegetarian is a person who does not eat meat.

Look at page 52 in your OPD. Review the different types of beef, pork and lamb. Practice pronouncing these words.

Veal is the meat of a young calf. It is very tender. Ground beef has been ground up into small pieces it is useful for casseroles and meat sauces. Hamburgers are made from ground meat. Tripe is the stomach or intestines of a cow. Most Americans do not eat tripe. Sausage is made by grinding meat and adding many spices. Then the meat mixture is stuffed in casings. Sausage is usually in the shape of a tube.

Many Americans like bacon and eggs for breakfast. Do you eat bacon? I like to eat bacon, lettuce and tomato sandwiches. These are called BLT. You can order a BLT at your favorite sandwich shop.

Chicken is usually cut up into pieces that include: breasts, thighs, wings and legs. We call thighs, wings and legs, "dark meat". Breasts are "white meat". Some people prefer either dark or white meat. We call the chicken leg a "drumstick".

Look at all the meats on page 52, and answer these questions.

1. Which of these meats do you buy most often?
2. Which of these meats do you never buy?
3. Do you prefer beef, pork or lamb?
4. Do you eat much poultry?
5. In your country, which meats are eaten most commonly?
6. Which meats on page 52 are never eaten in your country?
7. Do you prefer legs, wings, breasts or things?
8. Which of these meats are most expensive?
9. Do you ever put meat in soups? Which meat do you use in soups?
10. Pick one of the meats shown and explain to the class how you prepare it.