

FUMC ESL 4-3-2014 Advanced Lesson

Read the article below:

Compulsory cooking classes begin in England

English teenagers will begin receiving compulsory cooking lessons in school. The idea is to encourage healthy eating to combat the country's spiraling obesity rate. It's feared that basic cooking and food preparation skills are being lost as parents turn to pre-cooked convenience foods.

The idea is to give students basic cooking skills so that they can cook for themselves and not have to rely on prepared foods, which are usually higher in fat and less nutritious. If the students learn the basics of cooking, then in later life they can enjoy experimenting with more complicated recipes

The new lessons are due to start in September but some schools without kitchens will be given longer to adapt. There is also likely to be a shortage of teachers with the right skills since cooking hasn't been taught in schools for many years. The lessons will be for one hour each week.

The hope is that when children learn more about food and nutrition and know how to prepare their own meals, they will choose to eat healthy. The latest figures show that obesity in Britain is among the highest in Europe. The government believes half of all Britons will be obese in 25 years if the current trends are not halted.

1-Which of these words are synonyms of "compulsory"? optional required mandatory

2-"A curve which winds around a fixed center point" is a definition for which of these words: complicated convenience spiraling nutritious

3-Someone who is very fat is: compulsory nutritious obese experimenting

4-Which would be easier, a basic recipe or a complicated recipe?

5-Which of these words is a synonym for "adapt"? conform adjust alter change

6-This article claims that in 25 years half of Britons will be: educated chefs obese

Discuss in the group or with a partner:

1-Did you take cooking classes in school?

2-Do you agree that all students should take cooking classes?

3-What dish are you famous for?

4-How many burners does your stove have?

5-Do you use a kettle to boil water for tea and coffee?

6-Do you keep a kitchen sponge next to your faucet?

7-Do all your pots have lids?

8-What is your cutting board made of?

9-Do you have a window above the sink in your kitchen?

10-Do you have a skylight in your kitchen?

11-What sits on top of a saucer?

12-Does your kitchen have an island?

13-Is your kitchen too large or too small?

14-How much time do you spend in the kitchen?

Take turns reading and answering the questions below. After you answer the question, call on another student to answer the same question. Then that student will read the next question, answer it and call on another student to answer....and so on.

Verbs + About

I read a book about South Africa. What subjects do you like to read about?
My husband and I argue about who should pay the bills. What do you argue about?
I am concerned about global warming. What are you concerned about?
I am worried about having enough money for retirement. What are you worried about?
I dream about traveling the world. What do you dream about?

Verbs + Against

I am against stricter immigration laws. What are you against?
Students protest against tuition hikes. What have you protested against?

Verbs + At

I usually meet with friends at a restaurant. Where do you meet with friends?
I glance at the paper every morning. What do you glance at?
I marvel at the beauty of the bluebonnets. What do you marvel at?

Verbs + For

I am for immigration reform. What are you for?
Sometimes I have to apologize for being impatient. What do you apologize for?
I don't care for golf. What do you not care for?

Verbs + From

Some people benefit from physical therapy. What is something you benefit from.
I would deter you from walking downtown alone at night. What would you deter me from doing in your home city?
I differ from my mother in decorating style. How do you differ from your mom?
I refrain from sitting for long periods of time. What do you refrain from?
I suffer from allergies in the spring. What do you suffer from?