

Talk about one of these topics for one to three minutes. Ask your fellow group members the same question.

1. There are some people you have to walk on eggshells when you are around them. They are quick-tempered and you have to be careful that you don't make them angry. Describe someone you know like this.
2. There is a saying, "Variety is the spice of life." It means that differences and changes make life interesting. Do you agree that this is true. Are you and your spouse quite different from one another. Does this make life more interesting, or is it annoying?
3. There is a saying, "You can't make an omelette without breaking eggs." It means that whatever you do has the potential to cause problems and negative effects on others. Have you ever been in a situation where you had to break a few eggs to make an omelette?
4. If you, "spill the beans", you tell something that you shouldn't have told. Have you ever done this accidentally? What was the result?
5. To "cry over spilled milk" is to complain about something that is already over. Do you ever "cry over spilled milk". Give an example of something that you sometimes complain about even though, there is nothing that can be done about it. Do you ever complain to a store where you bought something that was defective?

The intermediate classes have been talking about cooking. Today we'll look at some cooking vocabulary and some phrases with cooking terms that don't refer to cooking. Take turns telling what these cooking words and phrases mean and make a sentence with them.

Cooking Vocabulary:

1. stew
2. saute
3. thicken
4. gravy
5. blend
6. grill
7. broil
8. cholesterol
9. saturated fat
10. yolk
11. fattening
12. high fructose corn syrup
13. a sweet tooth
14. an acquired taste
15. fruitcake
16. slow as molasses
17. eat it all at one sitting
18. bib
19. burned to a crisp
20. bring home the bacon
21. can't stomach something
22. chew the fat
23. cook something up
24. a cream puff
25. dine out or dine in
26. down the hatch
27. eat like a bird or eat like a horse
28. eat someone out of house and home
29. feast or famine

- 30.eyes bigger than your stomach
- 31.grab a bite
- 32.cake icing
- 33.make your mouth water
- 34.toss the salad
- 35.simmer
- 36.whet your appetite
- 37.done to a T

Cooking Phrases: Some of these are proverbs like, “One bad apple spoils the bunch”. Others are idioms like “born with a silver spoon in his mouth”. Talk about the meaning. Do you have a similar proverb or idiomatic expression in your country. Make a sentence with the idioms.

- a)to cook the books- record false information in the accounts
- b)jump out of the frying pan and into the fire-go from a bad situation to a worse one
- c)Too many cooks spoil the soup.-too many people working on something can actually make the project turn out badly.
- d)grill someone-question someone seriously
- e)Simmer down!-cool off, control yourself
- f)half-baked idea-idea that has not been thought out
- g)upset the applecart-ruin an event by surprise or accident