

These words are adverbs of time:

always-something you do regularly

I always lock my door when I leave. He always eats cereal for breakfast.

Tell something you always do.

ever-means at any time

Do you ever watch TV? Do you ever eat donuts?

never-means at no time

You never call your mother. He never uses deodorant.

Tell something you never do.

often-something that happens many times

I often wear perfume. She often irons my shirts.

Tell something you often do.

frequently-something that happens often

I frequently ride the bus to class. He frequently eats alone.

Name a place where you frequently go.

sometimes-something that happens some of the time

Sometimes I get up early. She sometimes wears a jacket.

What is something you sometimes wear?

usually-something that happens most of the time

I usually eat eggs for breakfast. Ben usually goes to school.

When do you usually go to bed? When do you usually eat dinner.

In a small group of 3 to 4 people, answer these questions. Ask each person to read their answer.

Name something you do daily: _____

Name something you do weekly: _____

Name something you do monthly: _____

Name something you do annually: _____

Name something you do semi-annually: _____

Name something you have never done: _____

Name something you will never do: _____

Look at the top of OPD page 108. Personal Hygiene is how you keep clean and healthy.

1.What is the difference between a bath and a shower?

2.Where do you take a bath?

3.Where do you take a shower?

Bath can be a noun. I like to take a bath. Bath can be a verb (add an e).

I bathe every night.

She bathes on Saturdays.

They bathed the baby.

We are bathing the children.

Mother will bathe the children tonight.

Teachers: Call on students to read the paragraphs and answer the questions.

I take a bath at bedtime. I take a bath in hot water. I soak in the bathtub for hours. I use bubble bath. I love my baths. I use scented soap. My soap smells like lavender. When I get out of the bath, my skin is pink. I use a towel to dry myself. I stand on a bath mat. Wet feet are slippery. I do not want to slip and fall.

1. Do you like baths?
2. Do you bathe at night or in the morning?
3. Do you like unscented soap or scented soap.
4. Do you ever take bubble baths?
5. Do you stand on a bath mat?
6. Did you ever fall in the bathtub?
7. Who bathes your children?

I take showers, not baths. I wear a shower cap when I shower. I use shower gel. After my shower, I use deodorant. I spray perfume on my neck. I moisturize my body with body lotion.

1. Do you take showers or baths?
2. Do you wear a shower cap?
3. Do you wash your hair in the shower or in the sink?

If you are going outside, you should use sunscreen. SPF means sun protection factor. The higher the SPF the longer you can stay in the sun without burning your skin.

1. Do you use sunscreen?
2. Have you ever had a bad sunburn?
3. What do you do when you have a bad sunburn?

I wash my hair in the shower. My mother washes her hair in the sink. I use shampoo that smells like flowers. I rinse the soap out of my hair. Then I use conditioner. I comb my hair and dry it with a blow dryer. Sometimes I use a curling iron to curl my hair. I don't use hair spray. Hair spray makes my hair too stiff. I like to wear barrettes in my hair. Barrettes keep my hair out of my face.

1. Where do I wash my hair?
2. Where does Mother wash her hair?
3. What does my shampoo smell like?
4. Do I use conditioner?
5. What do I use to dry my hair?
6. What do I use to curl my hair.
7. Why don't I use hair spray?
8. What do I like to wear in my hair?