

Take turns reading and discussing in your group:

Talking to the pharmacist:

1. You should keep a record of all the medicines you use including vitamins, herbal medicines, dietary supplements, non-prescription and prescription drugs. Why is it important that the pharmacist know what you take? Do you keep records of your medicines? Are there medicines that you took at home that you can't get here? Do you take any herbal supplements? Are you OK with generic medicines? Do you think herbal medicines work as well as prescription medicine?
2. You should tell the pharmacist if you have ever had an allergic reaction to medication. Have you ever had an allergic reaction to medicine? Do you wear a medical i.d. band to alert emergency medical personnel?
3. You should tell the doctor if you have trouble taking medicine. For example, do you have trouble swallowing large pills? You should also tell the doctor if you are pregnant or breast feeding. Did you take any medicines when you were pregnant or nursing? You should also ask the doctor about side effects. And it is a good idea to know how long it should take for the medicine to work.
4. Some people become addicted to prescription drugs. Have you ever known anyone that this happened to?
5. You should always read the warning labels on your prescriptions. Tell what these mean.
 - Avoid prolonged exposure to sunlight.
 - May cause drowsiness. Do not operate a motor vehicle while taking.
 - Alcohol may intensify the effect of this drug.
 - May cause discoloration of the urine.
 - Take with food.
 - Do not take with aspirin.
 - Shake well before using.
 - Take medication one hour before or two to three hours after a meal.
 - For external use only.
 - Take only at recommended dosage.
6. What is an antacid? What is an inhaler? What is the difference between a pill, tablet and capsule? What is a humidifier? What is OTC (over the counter) medicine? What is a throat lozenge and what are they for? What is cough syrup? USE PG 113 of OPD to see pictures.

Practice writing sentences:

Write an answer to these (do/did) questions. The first one is done for you. (Teachers have the students read their sentences. Make corrections if they have made errors.)

1. Why did you get mad? I got mad because he told me I looked fat in that dress.
2. Why didn't you sleep well? _____
3. Why did you stay in that hotel? _____
4. Why did both of you leave so early?

5. Why didn't you pay him more? _____

6. Why did you buy so much food? _____

7. Why do you care if she stays out late?

8. Why don't you go to Africa with me?

9. Why do you go to ESL class?
