
















Study the movement verbs in this chart. Practice pronouncing them.

wiggle 	stretch 	bend 	twist 	collapse 
shake 	sway 	rock 	bounce 	spin 
curl 	rise 	sink 	lunge 	lean 

Fill in the blank with a verb from the chart. You may have to change the tense.

- The lady \_\_\_\_\_ the baby in a rocking chair.
- The ball \_\_\_\_\_ on the floor.
- The top \_\_\_\_\_ around and around.
- The woman \_\_\_\_\_ up in a little ball.
- The fighter \_\_\_\_\_ forward.
- The leopard \_\_\_\_\_ against the fence.
- The dog \_\_\_\_\_ the water off.
- The boy \_\_\_\_\_ back and forth.
- The kids built a tower of cards, but they \_\_\_\_\_.
- The ship is \_\_\_\_\_.
- The boy will \_\_\_\_\_ from his chair.
- \_\_\_\_\_ your fingers.
- The children \_\_\_\_\_ their arms high into the air.
- The little boy \_\_\_\_\_ over and puts his hands on the floor.
- The girl \_\_\_\_\_ her body back and forth.

Some of these verbs are irregular. That means they do not add "ed" to make the past tense. Fill in the chart below.

present	past	present perfect
	sank	sunk
rise		risen
	shook	shaken
	bent	bent
spin		spun

**Some of these verbs have other meanings besides the ones shown in the pictures. For example: You can rock a baby to sleep. A boat rocks gently while tied up to a pier. Political scandals rock the country.**

**Read these sentences and tell what the verb means in each sentence.**

**SINK** (go below the surface, go down gradually, become weaker, go gradually into a condition, ruin) :  
The ships sank to the bottom of the sea. I was very tired, so I sank into a soft chair and took a nap.  
The family sank into poverty after father lost his job. My heart sank when I heard he was ill again.  
The dog sank his teeth into my arm. The sun was sinking into the west.  
The bad economic times might sink our company. It hasn't sunk in that I won a million dollars in the lottery.

*Phrasal verb:* I studied all night, but I couldn't get the vocabulary to sink in.

**SHAKE** (tremble, vibrate, move quickly back and forth or side to side, shock, surprise, upset, get away from):  
Shake the rugs to get out the dirt. The explosion shook the building.  
Shake his hand when you meet him. He didn't answer, but he shook his head from side to side.  
The car thief ran, but was unable to shake the police.

*Phrasal Verbs:* The accident shook me up. I am shaking like a leaf. It scared me, but I shook it off because no one was hurt.

**SWAY** (move side to side, influence):

She put the baby on her hip and gently swayed back and forth. The trees swayed in the wind.  
His good argument swayed me to vote for his ideas.

**LEAP** (jump or spring up, accept eagerly):

The dancer leaped into the air. The boy leaped from the window of the burning building.  
The men leaped into the truck and it drove away. I leaped at the chance to meet a movie star.

**LEAN** (rest against, tilted to one side, rely on for help):

We leaned on the gate while we talked. Lean the shovel against the garage.  
Straighten the post. It is leaning to the left. You can lean on me for support.  
I am leaning toward buying the sports car even though it is more expensive.  
*Phrasal verb:* You can lean on me for support during your treatments.

**SPIN** (whirl around, make into yarn or thread, make a web):

The earth spins on its axis every 24 hours. She spun the cotton into cloth.  
I spun around to see who was behind me. The spider spun a huge web on our porch.  
The man spins the propeller to get the airplane engine started.  
*Phrasal Verb:* The fan blade will spin off if you don't tighten it.

**Write a sentence with the words given. You can change the tense of the verbs. Share your sentences with the class.**

1.(children/ wiggle/ chairs) \_\_\_\_\_

2.(sun/ rise) \_\_\_\_\_

3.(leap) \_\_\_\_\_

4.(bend) \_\_\_\_\_

5.(woman/ shook) \_\_\_\_\_

6.(spin) \_\_\_\_\_

7.(trees/ sway) \_\_\_\_\_

8.(twist) \_\_\_\_\_

