

The intermediate class is working on vocabulary for personal hygiene. Answer these questions about personal hygiene vocabulary.

Tell:

where you use floss
what sex uses aftershave
the body part that you use mascara on
where you would attach a barrette
what "blush" is
the difference between hair gel and hair spray

Idioms

If you come clean, you confess the truth.

If you **clean up** a mess, you make it clean.

If you **clean out** your closet, you take out the old things and straighten the remaining items.

Something that is **squeaky clean** is very clean. If you run your fingers along your wet hair after shampooing, it squeaks.

Squeaky clean can also refer to a person's character, meaning they are very honest. They never do anything wrong.

If you **keep your nose clean**, you avoid trouble.

If you start over with a **clean slate**, you forget all your past problems and troubles.

If your **record is clean**, you have never been in trouble.

A **dry cleaners** is a shop where they clean your find clothes without using water.

Tell what these phrases mean in the sentences below:

1.He **washed down** the pills with a big gulp of Coke.

2.The flood **washed away** the pier.

3.Kate **washed up** all the dishes after Thanksgiving dinner.

4.She filled the **washbasin** with water and put a clean towel beside it.

5.Brendan does **the wash** for his family.

6.We **freshened up** before going to dinner.

7.We used a **moistened towelette** to wipe the baby's bottom.

8.As you age, you lose the **moisture** in your skin. I use a **moisturizer** to combat this problem.

9.I use a cold water for my **fine washables**.

10. Because I have allergies, I use a lot of **hypoallergenic** products.

11.You should **cleanser** your skin each night before you go to bed. There are many kinds of **facial cleansers**.

Partner Work:

Check all the statements below that you agree with. Then talk to your partner to see how many you agree on.

1.I prefer to bathe rather than shower.

2.My bathroom has a separate tub and shower.

3.I love bubble baths.

4.I like long hot soaks in the tub.

5.I try to shower as quickly as possible.

6.I scrub my skin with a brush when I bathe.

7.I don't mind doing laundry.

8.I'm usually the one to wash up after a meal.

9.I prefer unscented soap and shampoo.

- 10.I always use a moisturizer in the morning.
- 11.I use a conditioner after shampooing my hair.
- 12.I wear barrettes and hair clips often.
- 13.I don't like to use hair spray on my hair.
- 14.I often wear a shower cap when I shower.
- 15.I rarely remember to wear sunscreen.
- 16.I polish my toenails.
- 17.I love hot pink or red fingernail polish.
- 18.I use mascara every day.
- 19.I use an electric razor.
- 20.I like to wear aftershave.
- 21.I started wearing makeup when I was very young.
- 22.I have to shave every day because my beard is very heavy.

Discussion:

- 1.Is there any polite way to tell someone they need to use deodorant or mouthwash?
- 2.At what age should young girls be allowed to use make-up?
- 3.Should men wear make-up?
- 4.Who uses more counter space in the bathroom, men or women? Why do you think this is?
- 5.Who takes longer to get ready, men or women? Why?
- 6.Do women spend too much money on make-up and beauty products? Do men?
- 7.Do you think body piercings and tattoos hurt your chances of getting a good job?
- 8.What is meant by the old saying, "Beauty is skin deep?"