

FUMC ESL 11-14-2016 High Intermediate Lesson

I. Look at pages 112 and 113 in the OPD. Pronounce the words. Ask about words you don't understand.

a—What is the difference between **prescription medicine** and **over the counter medicine**?

b—Who can write a prescription?

c—Who can fill a prescription?

II. Look at the **prescription label**. Answer these questions.

a—A doctor prescribed this medicine. What is the doctor's name? _____

b—What is the dosage? _____

c—Is this medicine pills, tablets, capsules or ointment? _____

d—What medical warning is listed on this prescription label? _____

e—What is drowsiness?

III. Read the **Medical Warnings** and discuss.

IV. Look at page 113. List the 5 types of medication.

1. _____ 2. _____ 3. _____

4. _____ 5. _____

V. Practice these conversations. Answer the questions.

Dr. Smith: What symptoms do you have Mrs. Jones?

Mrs. Jones: My nose is stopped up. I have a bad headache. My throat hurts when I swallow.

Dr. Smith: Have you been running a fever?

Mrs. Jones: I did not take my temperature, but I don't think so.

Dr. Smith: Open your mouth and stick out your tongue. Your throat looks red. Are you coughing?

Mrs. Jones: A little at night. I don't cough in the daytime.

Dr. Smith: Mrs. Jones, I don't think you have a cold or the flu. I think you have allergies. There is a lot of cedar in the air right now. You should stay inside. You can take Claritin. It is an allergy medication. It will help your symptoms. Drink plenty of water and get lots of rest.

Mrs. Jones: Is Claritin a prescription medication?

Dr. Smith: No, it is over the counter. You can get it at any pharmacy.

Questions:

1. What are Mrs. Jones symptoms?

2. When does Mrs. Jones throat hurt?

3. Did Mrs. Jones take her temperature?

4. When does Mrs. Jones cough?

5. What is Dr. Smith's diagnosis?

6. What does Dr. Smith tell her to take?

7. What other advice does Dr. Smith give Mrs. Jones?

Lara: I need to pick up my prescription.

Pharmacist: Here it is. Have you taken this medicine before?

Lara: No, I haven't.

Pharmacist: The dosage is one tablet twice a day. You should take it with food. If you take it on an empty stomach, you will get nauseous.

Lara: I will take it with food.

Pharmacist: The doctor also prescribed cough medicine. It is a liquid. Take two spoonfuls at bedtime. Do you have any questions?

Lara: No, I understand. Thank you.

Questions:

- 1.Has Lara taken this medicine before?
- 2.How many tablets does Lara take each day?
- 3.Why should she take the medicine with food?
- 4.When will Lara take cough medicine?
- 5.How much cough medicine will she take?

Discussion:

- 1.Have you used an inhaler for asthma?
- 2.Have you used eye drops?
- 3.Have you taken antacids for your stomach?
- 4.What pain relievers do you take?
- 5.Does your skin get dry in the winter? Do you use cream to relieve the dryness?
- 6.Have you ever worn a cast?
- 7.Have you ever worn a sling?
- 8.Does a heating pad relieve backache?
- 9.Where do you fill prescriptions?

Idioms:

1-If you give someone "a dose of their own medicine", means to give someone the same bad treatment they have given to others. EX: Ted was always criticizing his wife. Now Ted had a boss who is very critical of him. Ted is getting a taste of his own medicine.

2-Something that is "a bitter pill to swallow", is bad news. EX: Trump's election was a bitter pill to swallow for many people.

3-If someone is "on the mend" they are getting better. EX: Tom had the flu last week, but he is on the mend now.