

FUMC ESL 4-3-2017 Advanced Lesson

Read the article below:

Compulsory cooking classes begin in England

English teenagers will begin receiving compulsory cooking lessons in school. The idea is to encourage healthy eating to combat the country's spiraling obesity rate. It's feared that basic cooking and food preparation skills are being lost as parents turn to pre-cooked convenience foods.

The idea is to give students basic cooking skills so that they can cook for themselves and not have to rely on prepared foods, which are usually higher in fat and less nutritious. If the students learn the basics of cooking, then in later life they can enjoy experimenting with more complicated recipes

The new lessons are due to start in September but some schools without kitchens will be given longer to adapt. There is also likely to be a shortage of teachers with the right skills since cooking hasn't been taught in schools for many years. The lessons will be for one hour each week.

The hope is that when children learn more about food and nutrition and know how to prepare their own meals, they will choose to eat healthy. The latest figures show that obesity in Britain is among the highest in Europe. The government believes half of all Britons will be obese in 25 years if the current trends are not halted.

1-Which of these words are synonyms of "compulsory"? optional or mandatory

2-"A curve which winds around a fixed center point" is a definition for which of these words: complicated convenience spiraling nutritious

3-Someone who is very fat is: compulsory nutritious obese experimenting

4-Which would be easier, a basic recipe or a complicated recipe?

5-Which of these words is a synonym for "adapt"? conform adjust alter

6-This article claims that in 25 years half of Britons will be: educated chefs obese

Discuss in the group or with a partner:

1-Did you take cooking classes in school?

2-Do you agree that all students should take cooking classes? OR Should only females be required to take cooking classes?

3-What dish are you famous for?

4-How many burners does your stove have?

5-Do you use a kettle to boil water for tea and coffee?

6-Do you keep a kitchen sponge next to your faucet?

7-Do all your pots have lids?

8-What is your cutting board made of?

9-Do you have a window above the sink in your kitchen?

10-Do you have a skylight in your kitchen?

11-What sits on top of a saucer?

12-Does your kitchen have an island?

13-Is your kitchen too large or too small?

14-How much time do you spend in the kitchen?

Practice Pronouncing These Word Pairs

fox - folks	not - note	think - sink	path - pass
sung - song	bus - boss	cut - caught	seas - she's
sip - ship	rain - ran	bake - back	ran - rang
sheep - sheet	cheap - sheep	chair - share	sit - sick
net - neck	pet - peck	wheat - weak	beat - beak