

FUMC ESL 4-1-2019 High Intermediate Lesson == Talking About Your Health

First review the vocabulary on the sheets marked Medical Practice. Then practice some sample conversations you might have about health. Ask the teacher about any words or phrases you don't understand.

Doctor: Hello, Mrs. Blanco. What's the matter with you today?

Mrs. Blanco: I feel awful.

Doctor: What seems to be the problem?

Mrs. Blanco: I am dizzy and nauseous.

Doctor: Do you have any other symptoms?

Mrs. Blanco: Yes, I have a headache. I've had it for three days. It won't go away.

Doctor: How long have you had these symptoms?

Mrs. Blanco: About two weeks.

Doctor: I'll listen to your heart with my stethoscope. I think we should run some tests to see what's going on. Here's an order for some blood tests. Take this slip with you to the lab. It will take several days to get the results, so go as soon as you can.

Mrs. Blanco: Should I be fasting for the blood tests?

Doctor: That won't be necessary. Meanwhile, just take Tylenol for your headache and drink plenty of water. When I get the test results, I'll have my nurse call you and schedule an appointment. Your heartbeat is a little fast. I might want you to see a cardiologist. But don't worry. I don't think this is a serious problem. I'm glad you came in, though. It's best to get things checked out early before something more serious develops.

Questions:

1. What are Mrs. Blanco's symptoms?
2. How long has Mrs. Blanco had these symptoms?
3. What does the doctor decide to do?
4. Does Mrs. Blanco need to fast for the blood test?
5. What was wrong with her heartbeat?
6. What kind of doctor might Mrs. Blanco need to see?

Doctor: Hello Mr. James. What's seems to be the problem?

Mr. James: My wrist is swollen and really sore. I think I broke it. I can't put pressure on it.

Doctor: Does it hurt when I push here?

Mr. James: A little.

Doctor: How about here?

Mr. James: Ouch. Yes, that hurts a lot.

Doctor: How did you do this?

Mr. James: I fell on my bike. I put my hand down to catch myself. My wrist bent backwards.

Doctor: I see. I don't think it's broken. But we'll need to get an x-ray to make sure. I'll send my x-ray tech in. Wait here.

Questions:

1. What are Mr. James' symptoms?
2. How did Mr. James hurt himself?

3. What does the doctor think?
4. What does the doctor tell Mr. James to wait for?
5. What is "tech" short for?

Doctor: Hello. I'm Dr. Morgan

Ellen: Just call me Ellen.

Doctor: Nice to meet you, Ellen. How can I help you today?

Ellen: I have a lump under my arm. I am worried about it. I'm afraid I have cancer.

Doctor: Do you have a history of cancer in your family?

Ellen: My mother had lymphoma. And my father died of lung cancer.

Doctor: I'm so sorry to hear that. Given that both your parents had cancer, I think we should run some tests. I might want to biopsy that lump, as well. And if the tests warrant it, I'll want you to see an oncologist. I can refer you unless you are already familiar with a specialist.

Ellen: Do you think this might be malignant?

Doctor: It's impossible to tell without any test results. Let's take it one thing at a time. I'm going to send you to the lab. I will put a rush on the results because I'm anxious to learn what we're dealing with. If it is malignant, we'll talk.

Ellen: Will I need surgery?

Doctor: Again, it's too early to know. Please go to the lab today. I'll have the results in 24 hours and we'll discuss our options. And try not to worry. There are many new cancer fighting drugs on the market now. More cancers are treatable these days.

Ellen: Will my insurance cover these tests?

Doctor: They should cover them. These are standard tests that doctors routinely order.

Ellen: Thank you so much. I appreciate you taking this seriously. I have a new grandbaby. I want to be around to see him graduate from high school.

Questions:

1. What is Ellen's symptom?
2. What does Ellen fear?
3. Does Ellen have a family history of cancer?
4. Will Ellen need a biopsy?
5. The doctor might want Ellen to see a specialist who just treats cancer called a _____.
6. Why is the doctor putting a rush on the lab tests?
7. The opposite of malignant is benign. What do these terms mean?
8. The doctor tells Ellen not to worry because ...
9. What does the doctor mean when he says the insurance should cover the tests?
10. What does the word "warrant" mean in "...if these tests warrant it, I'll want you to see an oncologist?"

Jay: I have been having knee problems. I went to see my orthopedist. He says I need surgery, but I'd like to avoid that if I can. I know you had some knee pain a few months ago. Did you have surgery?

Sam: No. I didn't have surgery. I went to an acupuncturist. After a few months of acupuncture, I was pain free. But every case is different. If you have torn ligaments or something serious, you should probably have surgery. My problem was arthritis caused by old age and all those years of playing sports.

The doctor said eventually I might have to have a knee replacement, but for now, I could just treat the pain.

Questions:

1. What kind of doctor did Jay see?
2. What does Jay want to avoid?
3. How did Sam treat his knee pain?
4. When does Sam think Jay might need surgery?
5. What was wrong with Sam's knee?
6. Have you ever tried acupuncture? Did it work?

Sara: Hello. I'm new in town. I have two small children. I'm looking for a pediatrician. Do you have one you would recommend?

Tami: Oh, yes. I go to Dr. Turner. She's wonderful. She's very caring and concerned. And I love that her waiting room is never crowded. When my children go in for check-ups, I don't have to worry about them getting exposed to sick children. You only wait for a couple of minutes, then they take you to an exam room and the doctor comes in quickly.

Sara: That's great. I'll give Dr. Turner a call.

Questions:

1. What was Sara looking for?
2. Did Tami have good information for Sara?
3. What did Tami like about Dr. Turner?
4. What did Tami like about Dr. Turner's office?

Tim: What did the obstetrician say? Are you pregnant?

Jan: Yes. I'm having a baby next fall. The doctor scheduled me for a sonogram next week. I'll be able to see the baby. I might even find out the sex.

Tim: Do you want to know in advance whether it is a girl or boy?

Jan: I think it would be nice to know in advance. Then I could decorate the nursery in either pink or blue.

Questions:

1. What did the obstetrician say?
2. What did the doctor schedule her for?
3. When is the baby due?
4. Does Jan want to know the sex of the baby?

Rhonda: Do you know a good optometrist. I think I need new glasses. Everything looks a little blurry.

Carol: I know how you feel. I wear contacts, but my prescription is three years old. Things are looking a little blurry for me, too. I tried to read an eye chart and could only read the big letters. I haven't seen an optometrist since we moved here. If you find a good one, let me know.

Questions:

1. What is Rhonda looking for? Why?
2. A medical doctor who treats eye injuries and diseases is an ophthalmologist. How is that different from an optometrist?
3. Does Rhonda wear glasses or contacts?
4. What is wrong with Carol's prescription?
5. What happened when Carol tried the eye chart?
6. Does Carol have an optometrist to recommend?