

FUMC ESL 10-5-2023 High Intermediate and Advanced Lesson

**Introduce yourselves. Tell where you are from and where you live now.
Answer: The city I am from is known for.....**

On Monday we talked about OVER and ABOVE. Today we'll study UNDER and BELOW.

UNDER is much more widely used than below. EX: The dog sleeps under my desk. He hid the money under the floorboards. Your shoes are under the bed.

We use UNDER not BELOW for numbers. EX: The child is under 5.

We use BELOW to talk about something in a lower position. EX: On our sailboat, we have a cabin below the deck. The small plane passed below us. Her skirt reached below her knees. The sun disappeared below the horizon.

When we talk about temperature, we use BELOW. EX: The temperature is below freezing. The vaccines must be stored below 50 degrees.

Idioms with UNDER and BELOW: Students read the sentences. Explain what is happening. Tell the meaning of the idioms in bold text.

1-You are running a fever and coughing. You might be contagious. **Under the circumstances**, I think you should stay home.

2-I've been **under the weather** this week. I haven't felt well at all.

3-I couldn't find my phone. I searched and searched. Then I saw it on my desk. It was right **under my nose** the whole time.

4-The police handcuffed the bank robber and told him he was **under arrest**.

5-I can't go out tonight. I have to give a report tomorrow and I haven't finished writing it. I'm **under pressure** to get it done.

6-The dog was very excited and jumping up on everyone. I put a leash on him and got him **under control**.

7-My first few weeks of college were very difficult. I was living on my own for the first time and I was **overwhelmed**. But my neighbor living next door was a senior and she took me **under her wing**. She **knew the ropes** and helped me adjust to living away from home.

8-My wife is **under a lot of stress** right now. I hired a babysitter to keep the kids tonight and I am taking her out to dinner. She needs a chance to relax and enjoy herself.

9-Mrs. Jones, we can't accept Suzy as a student here because her grades are all **below average**. Our students all graduated at the top of their class. Suzy won't be able to keep up.

10-I had confessed to Jo that I wasn't sure that I could handle being a manager. But I didn't expect Jo to share that information with my boss. When the manager position came open, I applied for it. Jo told my boss that I didn't think I could handle being a manager and the boss hired Jo instead of me. I felt Jo had been unfair to me. Jo's actions were really **hitting below the belt**.

DISCUSS

1. Do you feel under a lot of stress right now? What kinds of things make you feel under pressure?
2. When someone removes support that you are expecting to have, they pull the rug out from under you. For example, if your insurance company denies a claim for your medical expense, you might feel they have pulled the rug out from under you. You were expecting them to pay and now they won't. You have to find the money to pay. Talk about a time when you have had the rug pulled out from under you.
3. If you say that a bad experience is water under the bridge, you mean it happened a long time ago and you no longer feel upset or worried about it. You can accept that it happened and **move on**. EX: Years ago, Lacy and I had a **falling out** because she wanted me to keep her kids and I didn't want to. Her kids were **terrors** and I just **couldn't face** babysitting them. She was very angry with me and I was upset that she was mad. But that was a long time ago, and it's water under the bridge now. Our kids are grown and Lucy and I are friends again. Talk about something that happened to you that is water under the bridge now. You are no longer upset about it.
4. Talk about something that you are good at. Something that is easy for you or that you have a talent in.
5. Talk about things you WISH you were good at, but don't have any talent for. EX: I love studying art history and would love to be able to draw and paint well. But sadly, I am not a talented artist. How about you? What do you dream of being good at?
6. Has it been easy for you to make friends since you have been here? How have you met new friends? Suggest some good ways to meet people.
7. Are you the kind of person who completes one project before starting another or do you start lots of projects, but never finish them?
8. Do you like to organize your day by using an appointment calendar or making lists? Do you make a list before you go to the grocery store. Does it make you feel good to check off things on your list when they are done?

9. Do you ever watch movies more than once? Do you have a particular favorite that you enjoy time and time again?
10. If you worked in a circus what kind of performer would you be?
11. Do you frequently change your opinions about things? Give an example of something you have changed your mind about.