

## FUMCESL 11-9-2023 High Beginning and Low Intermediate Lesson

Introduce yourself. Tell where you are from and where you live now.

### Cooking Verbs



**to bake** This woman *baked* some banana bread. She *mixed* flour, sugar, eggs and bananas. Then she *poured* the **dough** into the pan. She *put* it in the oven. She *baked* the banana bread for one hour. She *took* it out of the oven. The banana bread *was* delicious.

What is dough? What kinds of things do you bake? Do you bake fruit breads like banana bread and pumpkin bread? Do you bake bread? How did you learn to make bread?



**to broil** When you broil something the heat comes from the top of the oven. The heat is very high. You put the food on the highest rack. The food will get brown on top because the burner is very hot. You can broil fish or broil vegetables or make toast. This is a picture of a toaster oven. It sits on the counter. What do you broil? Do you have a toaster oven?



**to barbecue or to grill** This man is barbecuing. He is using an outdoor grill. It is a gas grill. It has a tank underneath the grill. When the barbecue is ready, he will serve it to his neighbors. Many men like grilling. When you barbecue you usually use a sauce on the meat. You don't have to use a sauce when you grill. What kinds of food do you prepare on a grill? Mexicans call barbecue barbacoa. They season meat with herbs and spices and cook it slowly. Then they put it inside a tortilla and eat it. Frequently in Mexico, they eat goat this way. It is very delicious.



**to knead** This woman is kneading her dough. She will knead the dough for a few minutes. Then she will let the dough rise. Then she will put it in the oven and bake it. She will make delicious bread. Do you knead the dough when you make bread?



**to strain** This is a strainer. Put food in the strainer. Strain the juice from the food. Let the juices drain away through the holes. I use a strainer when I cook noodles. Cook the noodles in boiling water. Strain the noodles in the strainer. When do you use a strainer?



**to mix** This is a mixer. Mix sugar, flour and butter together. The sugar, flour and butter are the ingredients. Mix the ingredients together to make cookie dough. What kind of cookies do you make?



**to stir** Put some liquid in a bowl. Take a spoon and stir it up. Name things you would stir.

**to boil**



Put some water in a pot. Put the pot on the fire. Wait until the water boils. The water is boiling now. The water boiled for ten minutes. Now you can add the vegetables like potatoes or corn. What do you prepare by boiling?

**to chop**



Chop the onion into pieces with the knife. She is chopping the onion. We chopped the onion into pieces. We were chopping an onion when she started to cry. What do you chop before cooking?

**to peel**



Peel the skin off the apple.. Do you like apple peel? Do you peel most fruit before eating it raw? We use apples to make apple pie. Have you ever made apple pie?

**Discuss:**

1. What is your favorite thing to cook?
2. What are your favorite ingredients to cook with?
3. Are you a good cook?
4. Who taught you to cook?
5. What is the first thing you learned to cook?
6. Do you always use a recipe when you cook?
7. Where do you find good recipes?

8. In your culture, do women or men do most of the cooking?
9. My husband likes to cook on the grill. He never cooks inside on the stove. Do you think men feel more comfortable cooking on the grill than on the stove?
10. Do you like to experiment when you cook or do you always follow the recipe.
11. Tell the worst mistake you have ever made while cooking.
12. Do you enjoy hosting dinner parties?
13. What national food (other than your own) do you enjoy eating? For example, Mexican, Chinese, Japanese, Greek, Italian, and others)
14. Do you enjoy salty flavors or sweet flavors more?