

FUMC ESL 4-30-2026

Introduce yourself

Pronouncing O:

There are several ways to pronounce the vowel O.

1-Long O sound: Round your lips to make this sound: go, nose, hope, flow, home, cold

2-Short O sound: hot, stop, on, box, boss

3-Short U sound: son, love, some, won, flood, blood

4-Double OO sound: whose, soon, food, fool, loop, routine, soup, boot, poor

Pronounce these word pairs:

| | | | | |
|--------------|-------------|--------------|---------------|-------------|
| shoot - shot | food - foot | door - poor | floor - flood | food - foot |
| cook - could | tool - took | spoon - spot | soon - son | low - love |

Pronounce these sentences:

1-He took my tool.

2-Soon my son will come.

3-The water floods the floor.

4-She could cook.

5-Open the door for the poor.

6-Choose who won.

Idioms

walk: If you are **walking on air**, you are very happy. Kids are walking on air on the last day of school.

If you are **walking on eggshells**, you are being very careful about what you say and do. For example, if your boss has a **quick temper**, you might walk on eggshells around him. You would be very careful not to make him mad.

If you **walk out** on someone, you abandon them. Sometimes men walk out on their wives, leaving the wife to raise the children alone.

If someone, **walks all over you**, they treat you poorly. They are disrespectful and mean to you. They **take advantage** of you.

weigh and weight: If you **weigh your words**, you think about what you are going to say before you say it. We do this to avoid offending someone or to avoid misunderstandings.

If something **weighs on your mind**, you can't stop worrying about it.

Sometimes your problems, **weigh you down**. That is, they worry you so much you get sad or depressed.

If you solve your problems, you get **a weight off your mind**.

If someone's opinion **doesn't carry much weight**, it isn't considered important.

If you are **not** trying to help the team, you aren't **pulling your own weight**.

If you eat a lot, you might **gain weight**. You could tell your friend, I'm **putting on weight**. I need to go on a diet so I can **lose weight**.

Read the paragraphs below and tell which idiom fits that situation.

1-The company president asked our team to create a presentation that explains what our company does. Each of us worked hard on the project except Judy. She didn't do anything at all to help.

2-My son called after he finally arrived at his destination. He assured us everything was fine and we shouldn't worry about him. I felt so much better after I heard from him. I could quit worrying.

3-Lori is very worried about the war. She can't stop thinking about bad things that might happen.

4-Jim loves to play golf, but he doesn't belong to a golf club. He says it costs too much. He discovered I belong to a golf club. Every weekend Jim asks to play at my club. I have to pay a guest fee for him every time he comes. He never volunteers to pay me back. Jim and I aren't really even friends. I get tired of having to play with him. I'd rather play with my friends who are members at my club.

5-My parents are so happy. My sister and her boyfriend got engaged this weekend. My parents love her boyfriend and are so pleased to have him as their son in law.

6-Kris told me I should quit my job and start my own company. He thinks I would make more money if I worked for myself. But I'm not sure I trust Kris' opinion. He has tried to open his own business a couple of times. Each time the business has failed and he has is left with lots of debt.

7-Jan asked me for my opinion about her boyfriend. Truthfully I don't like her boyfriend. I think he is not a nice man. But I don't want Jan to think I'm being critical of him, so I chose my words carefully.